



U.P. MOUNTAINEERS PITHAYA

Filipino

Ang Pithaya ay isang pagpapahayag ng ating mithiing:

1. Panatilihin ang Dalisay na Kagandahan ng ating Kapaligiran;
2. Magkaisa upang makamit ang mga indibidwal at pangkalahatang layunin;
3. Sumunod sa mga alituntuning pangkaligtasan at tamang asal;
4. Magbigay at tumanggap ng makatotohanang pagpuna sa sarili at sa iba; at
5. Pagibayuhin ang pagkaunawa at sikaping mabago ang nakasasamang ugali.

Hinihingi ng Pithaya and mga sumusunod na pasya:

1. Pagunawa at pagsunod sa mga itinakdang responsibilidad;
2. Pangalagaan ang kapakanan at kaligtasan ng mga kasama at sarili;
3. Pag-iwas sa pag-inom ng alak at paninigarilyo sa mga "Training Activities";
4. Pag-iwas sa paggawa ng anumang bagay na makakaabala o ikagagalit ng mga kasamahan;
5. Pagunawa at pagsunod sa "Leave No Trace Principles";
6. Paggalang sa kapwa montaneryo anuman ang kasarian, paninwalang ispiritwal, lahi at katayuang panlipunan;
7. Paggalang sa mga pag-aari ng iba, paggamit ng wasto at pagsauli sa takdang oras ng mga hiram na gamit; at
8. Pagkakaroon ng kusa at kahandaang magsakripisyo alang-alang sa kapakanan ng nakararami at ng kalikasan

English

The Pithaya is a declaration of our mission to:

1. Maintain the pristine beauty of the environment;
2. Unite towards achieving individual and group goals;
3. Follow all safety and behavioral guidelines;
4. Give and receive honest criticism and self-criticism; and
5. Improve self-awareness and strive to change negative behavior.

The Pithaya asks for the following commitments:

1. To accept and understand assigned responsibilities and to do them dutifully;
2. To look after the welfare and safety of fellow climbers and myself;
3. To abstain from drinking alcoholic beverages and smoking during training activities;
4. To refrain from producing stimuli that may offend other climbers;
5. To understand and practice "Leave no Trace Principles";
6. To respect fellow climbers regardless of gender, spiritual beliefs, race, and social status;
7. To respect other people's property; to handle properly and return promptly all borrowed property; and
8. To exercise initiative and willingness to sacrifice to the interest of the group and the environment.

I, _____, having read and understood the *PITHAYA*, agree to all that is stated in it. I am also aware that my failure to adhere to the stipulations of the *PITHAYA* can be grounds for my non-acceptance into the organization.

Signed this _____ day of July, 2009.

Lagda/Signature